**MONDAY MENU**

**Breakfast/sandwiches & light bites**

**9:00AM – 2:00PM**

Old Bakery Breakfast- a choice of locally sourced free range eggs any style with a side of white, granary or sourdough toast . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .14

**served with a JC Sausage, Smoked Back Bacon, Cherry Tomatoes, Sauteed Mushrooms**

Veggie Breakfast- a choice of locally sourced free range eggs any style with a side of white, granary or sourdough toast (V) . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 14

**served with Avocado, Sauteed Mushrooms, Wilted Spinach, Cherry Tomatoes & baked beans (vegan without the eggs!)**

**+Halloumi (2)**

No Carbs Breakfast . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .10

**Poached, scrambled or Fried eggs with two rashers of smoked back bacon and pan fried cherry tomatoes OR avocado (£1ex)**

Sauteed mushrooms and wilted spinach on sourdough toast (V)(VG). . . . . . . . . . . . . . . . . . . . . . . . 10

Bacon Sandwich | Sausage Sandwich | Bacon & Sausage Sandwich . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 6.8 | 7.5 | 8

**+ soft fried egg, avocado, cheese (1.5)**

Breakfast Bagel . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .8.5

**smoked back bacon, avocado and a soft fried egg**

Homemade granola served with yoghurt & honey (V) . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .6.8

**+ compote | peanut butter (80p)**

Toast or Crumpets served with butter(V)(VG) . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 4

**+strawberry jam, raspberry jam, marmalade, Nutella, honey, marmite (50p)**

A drawing of a cup and a loaf of bread

Description automatically generated TOASTIES OR SANDWICHES served on White or Granary . . . . . .8.2

**Thick cut ham & Cheese**

**Mature Cheddar and Sliced Beef Tomatoes**

**Bacon, Halloumi & Chili Jam**

**Tuna Melt**

A Selection of Cakes, Pastries, Tea Cakes & Sausage Rolls (**PLEASE SEE COUNTER)**