BRUNCH & BAG	ELS MENU Bacon Sausage Bacon & Sausage Sandwich OR
	Bagel
Old Bakery Breakfast- a choice of locally sourced	+ soft fried egg, avocado, cheese (1.5)
free range eggs any style with a side of white, granary or sourdough toast 14 served with a JC Sausage, Smoked Back Bacon, Cherry Tomatoes, Sauteed Mushrooms	Breakfast Bagel 8.5 smoked back bacon, avocado and a soft fried egg
cherry romatoes, sauteeu wusmooms	THE REUBEN10.5
	Salt beef, Swiss Cheese, sauerkraut and
Veggie Breakfast- a choice of locally sourced free range eggs any style with a side of white, granary or sourdough toast (V)	homemade Russian dressing served in a toasted bagel.
served with Avocado, Sauteed Mushrooms, Wilted	
Spinach, Cherry Tomatoes & baked beans (vegan without the eggs!) Add: Halloumi (2)	Very Vegan (V)(VE)
Eggs on Toast (V) 8.2 CHOOSE: Poached, Fried OR Scrambled Eggs CHOOSE: White, Granary or Sourdough Toast	bagel
Poached eggs on an English muffin with hollandaise served in a choice of three ways(V) 12	Smoked Salmon & Cream Cheese Bagel 12 Salmon, cream cheese, a twist of lemon, , capers, cracked black pepper and pea shoots
Eggs Royal (£2 ex) Eggs Benedict Eggs Florentine	
(V) (only served until 12pm)	The Veggie Pesto (v)
No Carbs Breakfast	Pesto & Avocado served with parmesan shavings and a soft fried egg topped with crispy onions and pea shoots on a toasted bagel (v)
Avocado OR Sauteed mushrooms and wilted spinach on sourdough toast (V)(VE).12.2 10.8 +Crumbled Feta & Balsamic Drizzle Soft Poached	Toast or bagel served with butter(V)(VG) 4 +strawberry jam, raspberry jam, marmalade, Nutella, honey, marmite (50p)

Egg | Pan Fried Tomatoes & Chilli Flakes (1.8 each) +Smoked Back Bacon | Halloumi (2.5 each)

Omelette served with a choice of two fillings(V) 10

mushroom, pan fried tomatoes, wilted spinach

Pistachio Porridge 7.8 topped with a blueberry compote, crushed pistachio kernels and a drizzle of honey

thin cut ham, grated cheese, white onion, sauteed



Please let a member of the team know of any allergies or intolerances you may have so we can take the correct precautions throughout preparing your food & drinks